

Fostering Family Strengths (Larimer County only)

Call 970-232-1163 or email ffs@lfsco.org

- Healthy, nurturing parenting for 1-14 year olds
- Loving discipline
- Nutrition and younger children
- Parent child roles.
- Parenting for small children (0-5 year olds)
- Separation and attachment.
- What to expect in child development

Immigration Legal Services

Call (303) 980-5400 or
email immigration@lfsco.org

Our Immigration Legal Services Program

Attorney and staff are available to speak at schools, ethnic community centers, churches, mosques, synagogues and other organizations on many topics related to Immigration Law. Our seminars are a valuable source for the public to learn about U.S. immigration law and to be able to consult with an attorney and United States Board of Immigration Appeals accredited staff and agency. The topics that we discuss cover a broad range of immigration issues ranging from:

Immigration 101: A brief and general introduction to the U.S. Immigration system

Know Your Rights: Immigrant rights

Green Cards: We will wind you through the maze and the path to green cards (adjustment of status)

Naturalization: We will give you a passport to navigating the Naturalization process

Immigration Reform: Debunk the myths and talk about what the new legislation will and does not allow

Family Reunification: Let us explain how you can be reunited with your spouse, parents, children or siblings through family-based Immigration

Pregnancy Counseling

Call 303-217-5840 or
email pregnancy@lfsco.org

- Pregnancy and Parenting Option issues

Refugee & Asylee Programs

Call 303-217-5188 or email refugeecommunications@lfsco.org

The Life of a Refugee: An opportunity to learn how people become refugees and what life has been like for them as they have left their homeland to begin life in a foreign land.

Refugees Around the World- Africa, Former Soviet Union, Southeast Asia: You will hear what life is like for many uprooted people in other lands: How they strive to live, work, feed and educate their children, and find safety away from their homelands. What they value and what their dreams are.

How You Can Help People Begin New Lives
Hear how you can provide support and encouragement to newcomers as they adjust to life in the United States. Find out the many opportunities there are through Lutheran Family Services to "welcome the stranger and perhaps entertain angels without even knowing it."

Speaker's Bureau Let's Talk....

Services that heal, strengthen and provide hope



**LUTHERAN
FAMILY SERVICES**
of Colorado

LFS staff members have an array of professional degrees and a wealth of experience. We would love to talk with you. You can schedule a presentation for small or large groups.



363 South Harlan Street, Suite 200
Denver, CO 80226

Phone: 303.922.3433
Fax: 303.922.7335
E-mail: info@lfsco.org

Let's Talk...

(the following are just a few of our presentations, please ask if you have a specific request)

Adoption

Metro Denver Call 303-217-5863 or email adoption@lfsco.org

Northern Office Call 970-232-1159 or email adoption@lfsco.org

Southern Office Call 719-314-0221 or email adoption@lfsco.org

International & Domestic Adoption: What's the legal process, the history of adoption, opportunities available, issues of adoption and how this relates to child development, what is open adoption and how does it work?

Additional presentations in the Southern Office

Southern Office Call 719-481-4753 or email adoption@lfsco.org

Grief & Loss: Regarding infertility & adoption

Parenting: General parenting information and parenting for a special needs child

Development/Overview

Call 303-217-5860 or email development@lfsco.org

Partnering With LFS: An overview of Lutheran Family Services: Who we are. What we do. How we can be partners in serving the most vulnerable.

Opportunities for Service: How members of your congregation, organization or company can use their gifts to serve others.

Faces of Philanthropy: Exploring the gifts of wealth and worth to your children and the charities you love.

Domestic Relief

Call 303-225-0199 or email drelief@lfsco.org

Who we Are and What we Do. An in-depth look at the process of working with evacuees and collaborating with government and charitable agencies such as FEMA, Catholic Charities, Red Cross, Salvation Army and Volunteers of America.

Care Management

Call 303-217-5835 or email caremanagement@lfsco.org

Aging Ain't for Sissies: A light-hearted look at aging – if “aging ain't for sissies,” then who is it for?

Caregiving for Older Adults Made Easier: Using a Geriatric Care Manager: Assessing the overall care needs of an older adult requires an expertise and experience most caregivers do not have. Equally daunting is the task of locating and sorting through the maze of services, as well as monitoring their effectiveness once selected. How professional Geriatric Care Managers can help.

Caregiving: The basics and what you need to know: With 80% of the care of older adults being provided by family members, caregivers need help in understanding their basic role, and how to best accomplish it.

Caregiver stress and self-care: Studies suggest that caregivers of older adults are a population at

risk, and that their physical and mental health is worse than that of the general population. Learn ways to care for yourself in this challenging role.

Grieving well: New Perspectives: Learn what griever's need most, and hear ideas for exploring personal grief strategies. Understanding physical, mental and emotional changes in older adults. What comes with age... and what shouldn't? Discover what the experts say.

The Blues: Not a Normal Part of Aging: Myths, misunderstanding and misinformation about depression in older adults. Increase your knowledge about symptoms and treatment.

Foster Care

Metro Denver: Call 303-217-5846 or email fostercentral@lfsco.org

- Asset building

Southern Office: Call 719-314-0213 or email fostersouth@lfsco.org

- Foster to adopt
- Child abuse issues
- Who are these kids in foster care & what do they need?

Northern Office: Call 970-266-1788 or email fosternorth@lfsco.org

- Colorado's Foster Care System
- Becoming a Foster Parent—Why and How