

Care Management Solutions: Volunteer Care Teams

Partner with an older adult to build a greater sense of community for all of us. Spend 4 hours a month as part of a volunteer team supporting an older adult by participating in activities such as:



- Playing Bridge
- Dining at a favorite restaurant
- Talking about past experiences
- Planting a garden
- Engaging in an art project or other form of creative expression
- Enjoying a shared hobby
- Celebrating a birthday

Being part of a care team for an older adult allows you flexibility as a volunteer. Team members contract together to provide ongoing support to an older adult, without worrying about unexpected life events, or how to fit in that summer vacation. Be a meaningful part of someone's life while adding meaning to your own!

Interested? Contact Carol Buchanan at 303-217-5865 or carol.buchanan@lfsco.org.



Care Management Solutions
For Older Adults and Their Caregivers
"Specialists in Life Transitions"

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